

Small-Home Cat Enrichment Planner

Pick 1-2 items per section. Ten minutes beats perfect.

Today's 10-Minute Play

Toy: _____ Time: ____ Notes: _____

Toy: _____ Time: ____ Notes: _____

Toy: _____ Time: ____ Notes: _____

Toy: _____ Time: ____ Notes: _____

Toy: _____ Time: ____ Notes: _____

Toy: _____ Time: ____ Notes: _____

Vertical & Hideaways

Shelf/perch used (Y/N) Window seat
 Box/tunnel

Other: _____

Shelf/perch used (Y/N) Window seat
 Box/tunnel

Other: _____

Shelf/perch used (Y/N) Window seat
 Box/tunnel

Other: _____

Scratchers

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Location: _____ Type: _____ Used: ____

Food Puzzles & Foraging

Treat ball Snuffle mat

Scatter 5 kibbles to hunt

"Hide spot": _____

Treat ball Snuffle mat

Scatter 5 kibbles to hunt

"Hide spot": _____

Treat ball Snuffle mat

Scatter 5 kibbles to hunt

"Hide spot": _____

Scent & Novelty (2-3x/wk)

Catnip/silvervine Paper bag with holes

New texture (towel/blanket) Rotate toy

Catnip/silvervine Paper bag with holes

New texture (towel/blanket) Rotate toy

Catnip/silvervine Paper bag with holes

New texture (towel/blanket) Rotate toy

Catnip/silvervine Paper bag with holes

New texture (towel/blanket) Rotate toy

Calm & Routine

Quiet zone: _____

Water check: Fountain on Bowls refreshed

Mood today (circle): 😊 | 😐 | ☹️

Quiet zone: _____

Water check: Fountain on Bowls refreshed

Mood today (circle): 😊 | 😐 | ☹️

Quiet zone: _____

Water check: Fountain on Bowls refreshed

Mood today (circle): 😊 | 😐 | ☹️

Quiet zone: _____

Water check: Fountain on Bowls refreshed

Mood today (circle): 😊 | 😐 | ☹️

Quiet zone: _____

Water check: Fountain on Bowls refreshed

Mood today (circle): 😊 | 😐 | ☹️